



CENTRAL SANSKRIT UNIVERSITY

Established by an Act of Parliament

(Formerly Rashtriya Sanskrit Sansthan, Deemed to be University)
Under Ministry of Education, Government of India

School of Yogic Science & Holistic Health Practices Department of Yogic Sciences & Spirituality

BIO-DATA

Name:	Dr. Prem Prakash Pandey
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Highest Qualifications:	M.A., Ph.D., NET
Date of Appointment:	11/03/2024
Department:	Yogic Science & Spirituality
Teaching Experience:	08 Yrs.
Area of Interest:	Yoga Philosophy, Ashtang Yoga Vinyasa, Meditation, Yogasana Sports
Language Known:	Hindi, English, Sanskrit
No. of Publications:	2 Books , 7 Research Articles
No. of Workshop/Seminar:	3 workshops & 10 seminars
Research Project:	
Name of the Project	
Awards & Honors:	Got an award of Certificate of honor in All India Essay Writing Event 2018, by Shri Ram Chandra Mission (United Nations Information Centre and the Heart fullness Education Trust)
Any other:	Yoga Instructor Course from Bihar School of Yoga, Munger (World's First Yoga University)